

## KIRKBY LONSDALE



### Membership benefits...

- ★ Access to the pool, sauna, steam room, spa bath, gym and our personal trainers
- ★ Free access to all our classes - including Aqua Aerobics, Yoga, Pilates and Fitness classes. Unlimited class access for FULL members, 8 classes per month for OFF PEAK
- ★ Bring a visitor with you, once a month to enjoy our facilities, free of charge (adult members only) \*
- ★ Annual membership or pay monthly options (direct debit)
- ★ Discount on swimming lessons
- ★ Discount on sunshower sessions
- ★ Discount in our pop up coffee shop
- ★ 10% Discount in Number Nine restaurant, Kirkby Lonsdale
- ★ 10% Discount in Dotty & V Children wear shop
- ★ 10% Discount in Victoria Anne Beauty, Kirkby Lonsdale
- ★ Blue Light card holder discount \*\*

### Annual Memberships:

	Adult	Over 60	Young person (16 - 22)	Child (3yrs +)
Full	£760	£685	£530	£220
Off Peak	£630	£550	£480	£220

### Monthly (Direct Debit) Memberships:

	Adult	Over 60	Young Person (16 - 22)	Child (3yrs +)
Full	£69	£64	£48	£22
Off Peak	£56	£51	£42	£22

### Guest passes:

	Adult	Child (3yrs +)
Member's guest	£10	£5
Non member guest***	£15	£7.50

## Opening hours:

	<b>Monday - Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>Full membership</b>	7am - 8pm	8am - 8pm	9am - 4pm
<b>Off Peak</b>	9.30am - 5pm	8am - 8pm	9am - 4pm
<b>Children</b>	8am - 10am 12pm - 6.30pm	9am - 6.30pm	10 - 4pm

**Please note that the pool is closed for swimming and children during Aqua Aerobic classes:**

Wednesday: 11am - 11.45am

Thursday: 1 - 1:45pm

\* Complimentary 'monthly' member guest passes are non-transferable, cannot carry over to the following month and are only valid whilst membership is current. Additional purchased member's guest passes are non-transferrable and must be used within 18 months of purchase and only whilst membership is current. Purchased passes expire with the end of membership.

\*\* Blue Light card holder discount - 5% annual membership or no joining fee for monthly Direct membership.

\*\*\*\* Visitor passes are issued at the Management's discretion and only in quiet periods.

Please call to book 015242 71326

These are a two hour pass using all of the club's facilities

Email : [kirkbylonsdalehealthclub@gmail.com](mailto:kirkbylonsdalehealthclub@gmail.com)

Website : [www.kirkbylonsdalehealthclub.com](http://www.kirkbylonsdalehealthclub.com)

Facebook : Kirkby Lonsdale Health Club

Instagram : @kirkbylonsdalehealthclub