

Membership Information

Membership benefits...

- ★ Access to the pool, sauna, steam room, spa bath, gym and our personal trainers*
 - ★ Free access to all our fitness, aqua aerobics, pilates and yoga classes.
 - ★ Bring a visitor with you, once a month to enjoy our facilities, free of charge (adult members only) **
 - ★ Discount on swimming lessons
 - ★ Discount on sun shower sessions
 - ★ Discount in our pop-up coffee shop
 - ★ 10% Discount in Number Nine restaurant, Kirkby Lonsdale
 - ★ 10% Discount in Dotty & V Children wear shop
 - ★ Blue Light card holder discount ***
- * Inductions included and some sessions with the gym manager are (currently) included with new memberships. Please arrange within the first couple of months of membership

Monthly (Direct Debit) Memberships: (+ £25 one-off admin)

	Adult	Over 60	Young Person (16 - 22)	Child (3yrs +)
Full	£69	£64	£48	£22
Off Peak	£56	£51	£42	£22

Annual Memberships:

	Adult	Over 60	Young Person (16 - 22)	Child (3yrs +)
Full	£760	£685	£530	£220
Off Peak	£630	£550	£480	£220

Guest passes:

	Adult	Child (3yrs +)
Member's guest	£10	£5
Non member guest****	£15	£7.50

Opening hours:

	Monday - Friday	Saturday	Sunday
Full membership	7am - 8pm	8am - 8pm	9am - 4pm
Off Peak	9.30am - 5pm	8am - 8pm	9am - 4pm
Children	8am - 10am 12pm - 6.30pm	9am - 6.30pm	10am - 4pm

Bank Holidays: Sunday hours

Christmas Day: Closed

Boxing Day: Closed

New Years Day: Closed

Please note that the pool is closed for swimming and to children during Aqua Aerobic classes:

** Complimentary 'monthly' member guest passes are non-transferable, cannot carry over to the following month and are only valid whilst membership is current. Additional purchased member's guest passes are non-transferrable and must be used within 18 months of purchase and only whilst membership is current. Purchased passes expire with the end of membership.

*** Blue Light card holder discount - No joining fee!

**** Visitor passes are issued at the Management's discretion and only in quiet periods. Please call to book 015242 71326. These are a two-hour pass using all of the Club's facilities

Email : kirkbylonsdalehealthclub@gmail.com

Website : www.kirkbylonsdalehealthclub.com

Facebook : Kirkby Lonsdale Health Club

Instagram : @kirkbylonsdalehealthclub

